My NP said antidepressant withdrawal doesn't exist. 🤡

So I was withdrawing from Paxil 20mg to 0 in a month which I think is too fast and last time I saw my NP he said withdrawal doesn't exist and I'm having these symptoms because I'm missing serotonin not the Paxil itself. It's so bad that I couldn't work for the rest of the week and he agreed to reinstate me back on Paxil. But come on most NP's and psychiatrists do not know what they are doing or talking about.

The evidence from other people who experience withdrawal speak from themselves.
found on Reddit
I guess mental health pros are still unaware that google exists

Olanzapine led me to gallstones and fatty liver disease

I was 6'2 125 pounds for a long time and olanzapine is the only thing that made me ever gain weight. I didn't even have to start eating more and I was already eating enough as is. I went from 10mg to 5 after my primary care physician warned me about abnormally high cholesterol levels and I had gotten all the way to 180 pounds. After that I was able to get down to 160 which should be normal for me. Then later on I start having tardive dyskinesia symptoms so I went down to 2.5mg and the symptoms are gone. Now I had some horrible stomach and cardiac event that led me to the ER and I found out I have gallstones and fatty liver disease. They couldn't find any heart problems at the time and now they want me to wear a holter monitor for a whole month. This hospital visit was yesterday. I'm afraid of going off olanzapine because I don't want to be extremely underweight again and apparently rapid weight loss will make my gallstones much worse. I don't know what to do or what to tell my psychiatrist, who I want to get on the phone ASAP. I already have a different mood stabilizer on top of this one, I only keep taking this because I'm afraid of being extremely underweight again

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